

PAAVAI COLLEGE OF ENGINEERING

Awareness Programme on Hygiene and Health

Held on 04.03.2023

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| Title of the Event | - "Awareness Programme on Hygiene and Health" |
| Date of Event | - 04.03.2023 |
| Resource Person Details | - Dr. R. SENTHILKUMAR, Medical Officer, Government Hospital Rasipuram. |
| Number of Participants | - 50 |

Event Description :

Our college NSS unit conducted "Awareness Program on Hygiene and Health" for the students Dr. R. SENTHILKUMAR, Medical Officer, Government Hospital Rasipuram. invited as chief guest for this programme. The welcome address gave by B. V. Maheswaran. NSS Programme officer, Paavai college of Engineering, In his welcome address, he insisted the students to utilize the Blood donation camps properly. After the welcome address the floor handovers to chief guest.

In chief guest Speech, He encouraged donate them blood periodically and he stated that blood donation is a great gesture to help the needy people or those who are in need of the blood. He advised the students, there are many health issues, which remain silent until it is in a late stage. We do not easily notice the early warning signs of health conditions such as hypertension, cancer, diabetes, kidney problems, and so on. If you want to become a donor, then it is your responsibility to take care of yourself and ensure that you are not spreading any disease. The session concluded with a vote of thanks from the Principal of Paavai College of Engineering.

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