

PAAVAI COLLEGE OF ENGINEERING

DEPARTMENT OF ARTIFICIAL INTELLIGENCE AND DATA SCIENCE

SOFT SKILLS PROGRAMME ON “**SELF-AWARENESS AND SELF-REGULATION**”

Held on 22.06.2022

**EVENT REPORT**

Name of the Event : Soft Skill Program on “**Self-Awareness and Self-Regulation**”

Date of the Event : 22.06.2022

Number of participants : 95

Resource Person : Mr. M. Ranjith Balaji,  
Senior Systems Engineer,  
Cognizant Technology Solutions,  
Chennai.

Co-ordinator : Mr.P.J. Raguraman,  
Associate Professor,  
Department of AI&DS,  
Paavai College of Engineering  
Pachal, Namakkal.

Venue : Pragati Hall

**Event Description:**

The Soft Skills Program on “**Self - Awareness and Self-Regulation**” empowers journey of self-discovery. Delve into the depths of student’s thoughts and emotions. The students can learn how to harness self-awareness to enhance their life and embrace the path to becoming their best self.”



**Soft Skill Program on “Self-Awareness and Self-Regulation “conducted on 22.06.2022**