PAAVAI COLLEGE OF ENGINEERING

DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING

SOFT SKILLS PROGRAMME ON **"OVERCOMING SETBACKS-RESILIENCE"**

Held on 13.11.2021

EVENT REPORT

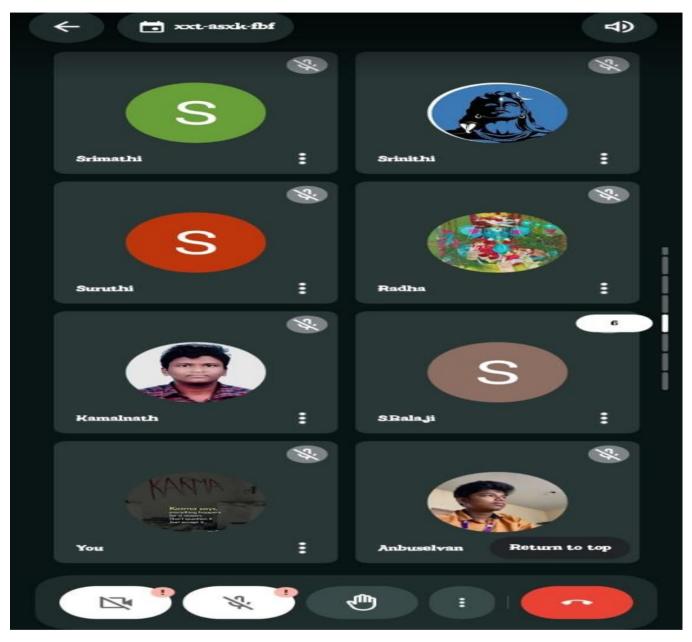|		
Name of the Event	:	**Soft skill Program on "Overcoming Setbacks-Resilience"**
Date of the Event	:	13.11.2021
Number of participants	:	105
Resource Person	:	Mr.M. Vijaykanth Manokaran,
		Manager,
		Infosys,
		Bangalore, Karnataka.
Co-ordinator	:	Mrs.B.M. Brinda,
		Associate Professor / CSE,
		Paavai College of Engineering,
		Pachal, Namakkal.
Mode	:	Online

Event Description:

The **"Overcoming Setbacks-Resilience"** Soft Skill program is used to learn how to bounce back from setbacks and turn challenges into opportunities. Through interactive sessions and real-life examples, the students will build mental toughness and maintain motivation during tough times. The students can develop a resilient mindset for both academic and personal growth."

A GLIMPSE OF THE EVENT

Soft skill Program on **"Overcoming Setbacks- Resilience" conducted on** 13.11.2021