

**PAAVAI COLLEGE OF ENGINEERING**  
**DEPARTMENT OF BIOMEDICAL ENGINEERING**  
**SOFT SKILLS PROGRAMME ON “EMPATHY AND EMOTIONAL INTELLIGENCE”**  
**Held on 16.05.2024**

**EVENT REPORT**

Title of the Event : Soft skill Program on “**Empathy and Emotional Intelligence**”.

Date of the Event : 16.05.2024

Number of participants : 110

Resource Person : Ms.R.Anitha,  
Analyst,  
HCL Technologies,  
Chennai.

Coordinator : Mr.V.Sundhara raj,  
Assistant Professor,  
Department of Biomedical Engineering,  
Paavai College of Engineering,  
Pachal, Namakkal.

Venue : Pragati Hall

**Event Description:**

“**Empathy and Emotional Intelligence**” is a transformative event focused on enhancing emotional intelligence. Through interactive workshops, participants explored the core aspects of EQ, including self-awareness, emotional regulation, empathy, and effective communication. Led by expert facilitators, the event offered practical exercises and real-world scenarios to help attendees better understand their emotions and the emotions of others. By the end of the session, students felt more confident in their ability to build strong relationships, manage stress, and lead with empathy in both personal and professional settings.

**A GLIMPSE OF THE EVENT**



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